

# Multi-Activity week at High Adventure Summer Camp



Before the trip please visit our web site [www.highadventureoec.co.uk](http://www.highadventureoec.co.uk) to download a kit list and check out all the activities.

Our web site has lots of useful information for pupils, parents and visiting staff. Go to our downloads page and you can download risk assessments and copies of licences and insurance certificates.

# Bags, sweets and tears (usually the adults!)



I know a song that'll get on your nerves



When the group arrive at camp they will be met by our staff and given instructions on where to put their bags. After a toilet stop the group meet for the welcome chat.

Arrival is always very calm !!!



# Welcome chat



After the welcome chat the group will be split into their activity groups, they will then go on the 'Teambuilding Trail' with the instructor they will be with the next day. During the Team Building Trail the groups will visit the camp.

# Trust fall - Teambuilding



# Tents at Kibblestone



# Tents at Great Tower



Each group gets a 'Big White Tent'



After an afternoon of team building fun the groups return to their camp to sort their tents out, once their belongings are safely in it's time for the first evening meal. We all eat together and we all leave together. Food is plentiful, tasty and healthy.

# Meal time at Great Tower



After each evening meal (except Thurs.) High Adventure provides an evening activity, after the evening activity the groups all meet around a camp fire for a sing song and a head count. The groups are then given over to the teachers who will be in 'loco parentis' until morning.

# Orienteering (evening)



# Campfire before handover



First morning there are always a lot of tired eyes!! We meet outside the dining area and do a head count before breakfast. During breakfast pupils make their packed lunch (lunch boxes are very useful)

# Morning meeting



The young people now have three full days of activity, during this time they will all do the following:

High Ropes / Climbing / Bushcraft / Archery / Sat Nav Challenge / Canoeing or Raftbuilding / Low Ropes / Teambuilding / Caving(Kib)

# Sat Nav Challenge



# Raftbuilding



# Low Ropes



# Climbing at Kibblestone



# Teambuilding



# Climbing at Great Tower



# Low Ropes



# Jetty Jump on Windemere





Crate Stack  
(part of the High  
Ropes activity)

# View from Tower Rock at Great Tower





## Low Ropes at Great Tower

# Canoeing



# Raftbuilding



# Sometimes it's just too much



Jetty Jump



Just a bit wet

# High Ropes



# Rock Climbing



# Blindline – eve activity



# Crossing the lava flow!



# Archery



# Posing





Eggbert - Eve activity

# Bushcraft



# Leap of Faith



All too soon it's time to go



Finally it's time to review the week, award a few prizes and say a few thanks. After the review we handover for the final time and go to the gates to wave the group off.



This is how we'll send them back

