

High Adventure OEC Risk Assessment - Orienteering

Minimum Leader qualification	In house assessed
Max group size with Leader	20 provided an experienced / responsible adult is with the group

Hazard	People at risk	Pre-control	On session control	Risk (minimal, manageable, unacceptable)
Trips, slips & falls	All staff & participants	Ensure group are wearing appropriate footwear. Compasses are <u>not</u> to be worn around the neck.	Brief group on the type of terrain they are likely to encounter on the course. Limit the area to be used or add 'out of bounds' areas if necessary.	Minimal
Navigational errors	Participants	Basic navigation skills to be taught before allowing group out away from direct supervision.	Individuals / teams must describe their route choice and strategies to leaders before setting out. Leaders to supervise likely problem areas.	Manageable
Bites, stings & abrasions	All staff & participants	Medical forms for allergies Full leg covering (course dependant)	Monitor anyone affected for reactions, anyone showing allergies should seek medical assistance. Advise group of problem areas with nettles, brambles, thorns, etc.	Minimal
Remote supervision	Participants	All staff to be familiar with the course & potential problem areas	Set clear boundaries as the group members are often working solo. Have a designated point where the group can find staff. Set a time limit and call back procedure	Manageable
Weather related injuries	All staff & participants	Check weather forecast Ensure all participants have appropriate clothing / sun protection.	All participants to be monitored for signs of hypothermia / heat stroke. Take drinks & snacks	Manageable

Essential equipment

Personal - Suitable footwear, warm clothing & waterproofs (may be carried), drinks & snacks

Group - Maps and compasses. Pencil and paper

Leader - 1st aid kit, group shelter & whistle

Site specific details

Wycoller - gr; SD 937 392 - EMERGENCY PHONE (private) SD 922 407				
Dangerous terrain	Participants		Make the group aware of the steep areas and the streams	Manageable

Pennistone - gr; SE 020 363 - EMERGENCY PHONE (private) SE 019 361				
Dangerous terrain	Participants	Disused quarry	The exposed rocks are very slippy in wet weather	Minimal

Danefield (Otley Chevin) - gr; SE 216 442 - EMERGENCY PHONE (payphone) SE 204 453				
Dangerous terrain	Participants		Make the group aware of the steep rocky area at the North East section of the course.	Manageable
Remote supervision	Participants	This is a heavily forested area with poor visibility.	Ensure all groups have some form of time keeping. Have regular checks with the group. Brief the group for overdue policy	Minimal

Ilkley Moor - gr; SE 116 471 - EMERGENCY PHONE (payphone) SE 117 476				
Dangerous terrain	Participants	Much of this venue is over broken ground with boulder fields. This is a very large & open venue.	Keep regular checks for overdue participants.	Manageable

Ogden - gr; SE 066 309 - EMERGENCY PHONE (private) SE 069 309				
Dangerous terrain	Participants	Many of the remote controls are in areas with very uneven ground. This venue is quite large.	Keep regular checks for overdue participants.	Manageable

Lyme Park - gr; SJ962 824 - EMERGENCY PHONE (private) SJ 962 824 <i>visitor centre</i>				
Dangerous animals	All Staff & participants		Brief the group not to approach the deer herd	Minimal

Middleton Wood (ilkley) -- EMERGENCY PHONE (private)				
Remote supervision	Participants	This is a heavily forested area with poor visibility.	Ensure all groups have some form of time keeping. Have regular checks with the group. Brief the group for overdue policy	Minimal

Thorndon Country Park - gr; TQ 608 916 - EMERGENCY PHONE (private) TQ 608 916 visitor centre				
Steep ground	Participants	Some off the areas near the stream get quite steep and will need patrolling	Brief the group and do not set routes with direct crossings in wet weather. Keep regular checks for overdue participants.	Manageable

Tower Wood - gr; - EMERGENCY PHONE				
Dangerous terrain	Participants	Most of the course is over uneven ground with boulder fields and crags	Brief group. Keep regular checks for overdue participants.	Manageable
Remote supervision	Participants	This is a heavily forested area with poor visibility.	Ensure all groups have some form of time keeping. Have regular checks with the group. Brief the group for overdue policy	Minimal

Assessed by	HA OEC Ltd	Renewal date	This Risk Assessment is renewed in October each year as a matter of course, but is also reviewed & amended on a weekly / monthly basis subject to any changes that occur to High Adventure OEC Ltd Normal Operating Procedure.	
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