

High Adventure OEC Risk Assessment - Sumo Suit Wrestling

Minimum Leader qualification	In house assessed
Max group size with Leader	30 provided an experienced / responsible adult is with the group

Hazard	People at risk	Pre-control	On session control	Risk (minimal, manageable, unacceptable)
Carrying equipment	All staff & participants	Appropriate staff training	Advise group on safe lifting techniques. Stop any potentially dangerous situations	Minimal
Wrestling	All staff & participants	Appropriate staff training and condition of equipment.	Safe environment with good communication between leader & group.	Minimal
Trips, slips & falls	Participants	Staff training and checks on the area to be used.	Promote a calm safe approach to all 'bouts' from the group.	Minimal

Essential equipment

Personal - Suitable clothing / waterproofs

Site specific details - Not applicable, suitable ground conditions to be found for any venue used.

Assessed by	HA OEC Ltd	Renewal date	This Risk Assessment is renewed in October each year as a matter of course, but is also reviewed & amended on a weekly / monthly basis subject to any changes that occur to High Adventure OEC Ltd Normal Operating Procedure.
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