

High Adventure OEC Risk Assessment
for
Swimming

Changing rooms	Groups only in these areas when getting changed.
Pool side	No running, jumping, adhere to pool signs & lifeguard. Pay attention to pool usage & briefing. Arm bands - must be provided by the swimmer, not the pool and blown up fully. Floats: Must be used properly and not as a toy. Goggles: Must be provided by the swimmer, not the pool staff, and they must be put on correctly and with due care & attention.
Sauna	Usage only under supervision for a maximum of 10 minutes.
Jacuzzi	Usage only under supervision for a maximum of 10 minutes.
Pool Plant Room	Out of bounds, entry is strictly forbidden. Chemicals: Only to be handled by the life guard in the pool plant room. Pool plant: Only to be accessed by the lifeguard and pool manager. Lighting: To be used by the lifeguards & pool manager only.

The pool is out of bounds at all times other than when a group is booked in, at which times there is a lifeguard and a member of the group staff present.

Assessed by	HA OEC Ltd	Renewal date	This Risk Assessment is renewed in October each year as a matter of course, but is also reviewed & amended on a weekly / monthly basis subject to any changes that occur to High Adventure OEC Ltd Normal Operating Procedure.
-------------	------------------	-----------------	--